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\* Thank you for purchasing the ParaBody 220 Gym System. Please read these instructions thorough–y and keep them for future reference. \* This product must be assembled on a flat, level surface to assure its proper function. DO NOT securely tighten any frame connections until the entire frame has been assembled, unless otherwise stated.

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• Slide the WEIGHT PLATE SHAFT (18) thru the hole in the HEAD PLATE (19), and lock in place using one E-RING (60) as shown in FIGURE 3. 23 22 19 60 18 • Insert two GUIDE RODS (16) into the BASE (2) as shown on FIGURE 4. (NOTE: If the 220 SHROUD OPTION was purchased, place the GUIDE RODS (16) through the BOTTOM SHROUD BRACKET

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The leading manufacturer of a full line of cardiovascular and strength training equipment, today under its ParaBody brand launched the ParaBody 880 Gym System. The premier gym system for home use. The ParaBody 880 Gym System provides two separate workout stations and the capacity for up to three individuals to work out simultaneously.

### Home Gyms - Parabody Home Gym

A versatile Parabody 220 Home Gym in very good condition. This machine has been disassembled for easier transport. Instruction manual with assembly guide can be found online. If you would like to see this itembefore you bid, we encourage you to stop by our resale store: Transitional Design 601 Towpath Rd. Broadview Hts, OH 44147 OpenMon-Thurs 10:00 AM - 7:00 PM, Fri-Sat 10:00 AM - 5:00 PM.

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